§ 30-Day Personal Finance Challenge | Day-by-Day Checklist "One tiny task a day. That's all it takes to feel more in control of your money."



Day	Task	Done 🔽
1	Decide your personal finance goal for the month (e.g. save £100, review bills, reduce debt)	
2	List all your income sources	
3	Write down regular expenses (e.g. rent, subscriptions, travel)	
4	Review your bank transactions from the past month	
5	ho Note any spending habits you want to change	
6	Check and list your active direct debits	
7	Download all recent payslips (check employer portal/email)	
8	🖺 Check your tax code—visit HMRC	
9	Find all your utility bills (gas, electric, water)—note amounts & suppliers	
10	Check the interest rate on any credit cards	
11	🛍 Check the interest rate on savings accounts	
12	🤨 If employed, check pension details with your employer	
13	Add all this info to a simple spreadsheet or paper tracker	
14	Talk to a friend or partner about your goal—get support!	
15	Cancel unused subscriptions	
16	Set up email folders for bills, payslips & money docs	
17	Download or sign up for a budgeting app (e.g. Emma, Snoop, Moneyhub)	
18	Set alerts for bill due dates or low balance reminders	
19	© Revisit your goal—are you on track?	
20	Research your council tax band (could it be wrong?)	
21	Read one beginner-friendly finance article (e.g. on MoneySavingExpert)	
22	ቖ Transfer £10 into a savings account	
23	Learn what APR means (Annual Percentage Rate)	
24	Call one provider to ask about better deals (insurance, broadband)	
25	Request a free credit report (e.g. Experian or ClearScore)	
26	Ask yourself: Are my accounts secure? Consider updating passwords	
27	Declutter one area at home—and sell something you don't need	
28	∠ Write down 3 things you've learned so far	
29	Plan a mini reward for sticking to it! (free or cheap!)	
30	Reflect: How do you feel about money now? What's next?	